



**GLOUCESTER CITY CYCLING CLUB AUTUMN OPEN 25 MILE TIME TRIAL
(WTTA Hardriders)**

10TH SEPTEMBER 2023, COURSE U72

(Promoted for & on behalf of **CYCLING TIME TRIALS** under their Rules & Regulations)

Event Organiser: Daryl Stroud
62 The Oaks
Abbeymead
GLOUCESTER GL4 5WP
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Phone on the day: 07809549108

Event Headquarters: Maisemore Village Hall
Church Road
Maisemore
GLOUCESTER GL2 8JE

First rider starts at 09:01hrs

Timekeepers: Doug Gale, Malcolm Grainger

Start Steward/Recorder: Malcolm Grainger

Number Steward: Liz

Results Service: Daryl Stroud

Catering: Jackie Stroud

Marshals: Jon Richardson
Gerry McGarr
Simon Witts



CTT Regulations & Recommendations:

No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078. It is the responsibility of the rider to: (a) Select a helmet that offers protection against head injury and does not restrict the rider's vision or hearing. (b) Ensure that the helmet is properly fitted, is undamaged and in good condition.

PLEASE NOTE - No helmet, no front light or no rear light = NO RIDE!!!!!!!

Riders who currently use an inhaler for medical reasons must register this fact with British Cycling to satisfy UCI, CTT and BC Anti-Doping Regulations. It is an offence for a competitor in any event to use or to have administered to him any proscribed substance that might affect his competitive performance. A rider receiving medical treatment, which could include a proscribed substance, must not compete in time trials

This is a Type A Event & as such sleeveless tops are not permitted, (Regulation 16); "sleeves shall be at least mid-upper arm in length".

It is less than half a mile from the HQ to the Start (takes approximately 2 minutes), please do not arrive at the start more than 5 minutes before your start time. It is the riders responsibility to know the course (although there will be plenty of signs and marshals to guide you).

No warming up on the course and no U-turns in sight of the start.

The road surface is rough in places, please be vigilant – **no head-down riding!**

Please be polite and courteous to all time keepers, marshals and helpers, they have given up their time, so that you can race.



Maisemore Village Hall (postcode GL2 8JE):

Enter Maisemore Village on the A417. Church Road is halfway up (or down) the hill. Turn into Church Road - the village hall is 200 yards up the road on the left.

HQ will be available from 0800hrs.

U72 Course Description:

Start at bus stop lay-by just before the speed de-restriction sign leaving Maisemore (grid reference 811212). Continue to Staunton, turning left at the mini roundabout. Continue on the A417 across the M50 junction and on to the first roundabout on the edge of Ledbury. Turn here (13.3 miles).

Retrace the route, turning right at the mini roundabout in Staunton (care).

Finish just beyond Hartmore School, south of Hartpury village, at the pull-in by a gate into the woods (grid reference 798234).

Course Records:

- Solo Male 51:16 set by Jake Sargent of FTP (Fulfil The Potential) Racing on 12-Sept-21
- Solo Female 1:00:44 set by Ellie Mackman on 18-Apr-21
- Solo Male (Junior) 1:08:20 set by Nathaniel Powys 20-Apr-19
- 3-up Team TT 55:16 set by Will Crudgington, Matt Griffin, & Mark Threlfall on 02-Oct-16

Photography:

Phil Johnson of Flamme Rouge Photography will be out on the course, images can be found at <https://flammerougephotography.com> after the race.



Results:

Results will be available at the HQ after the race.

The results will also be posted soon after the event on the CTT website. There will be links to these results on the Gloucester City Cycling Club website and their social media pages.

There will be a prize giving ceremony at HQ once all results have been verified. The overall winner will be presented with the DR.W.T.HENRY TROPHY (see history below) and will hold the trophy for a year. Preferred payment of prizes will be via bank transfer.

Prize List:

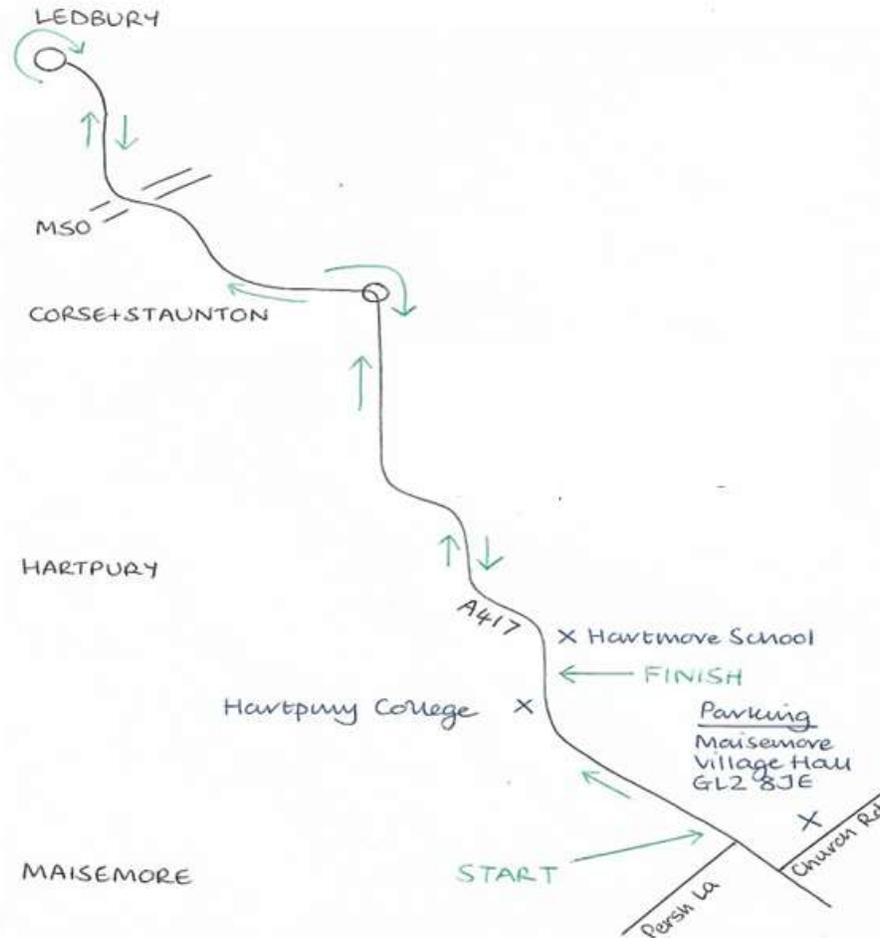
Place	Overall	V40	V50	V60	Female
1	£30.00	£20.00	£20.00	£20.00	£30.00
2	£20.00	£0.00	£0.00	£0.00	£20.00
3	£10.00	£0.00	£0.00	£0.00	£10.00

On behalf of Gloucester City Cycling Club - thanks to all competitors for your entries and have a good race!





HQ, Parking and Course Map:





Dr. W.T. Henry Trophy (History):

Doctor Bill Henry joined the club in 1962, after a chance meeting with Lew Morris when he was on a club run in the Forest of Dean. Dr. Henry was a G.P. at Parkend in the Forest and along with his wife Vera and daughters Jill and Carol would make regular appearances on club runs. Bill and his family each had a Hetchins painted in West Ham Football Club's colours; the bikes were always immaculately maintained.

At least once a year the Henry's home would become a tea place where most active club members would make an effort to attend and enjoy the fantastic spread that would be laid before them. All the money charged for this would be donated to club funds.

Bill would regularly turn out to help or take part in club activities, riding the Three Cities (taking a racing bronze medal in 1971) and 25 and 50 mile time trials. He was also invited to provide medical care at some of the spring training camps in Majorca.

He became club president in 1971 and was so honoured to be given this position that he gave the club a trophy to be awarded to the winner of the Autumn 25 Mile time trial.

The 'Doc' also enjoyed motor bikes and in his later years he joined a motor cycle club. It was while on ride with his club in South Wales in 1986 that he had a stroke from which he never completely recovered. Despite this Bill and Vera remained cheerful and were good hosts to the club as a coffee stop in the Forest of Dean.

Bill died in 2009, he was 83.



No.	Start	Name	Surname	Club	M/F	Cat	Age
1	09:01	Vincent	Douglas	Gloucester City CC	Male	Vet	53
2	09:02	Joanna	Hunek	Gloucester City CC	Female	Vet	41
3	09:03	Joanna	Legge-Knight	Bristol South CC	Female	Vet	63
4	09:04	Iain	McInnes	Goode2tri Team	Male	Vet	53
5	09:05	Peter	Wilson	Bath Cycling Club	Male	Vet	89
6	09:06	Nathan	Monk	Gloucester City CC	Male	Vet	48
7	09:07	Marianne	Carpenter	Bath Cycling Club	Female	Vet	49
8	09:08	Damian	Dodd	Gloucester City CC	Male	Espoir	20
9	09:09	Ian	Cole	Bristol CX	Male	Vet	46
10	09:10	James	Gill	360VRT	Male	Senior	35
11	09:11	Digger	Dawson	Hereford Triathlon Club	Male	Vet	45
12	09:12	Peter	Owen	Norwood Paragon CC	Male	Vet	62
13	09:13	Trevor	Hodges	Stroud Valley Velos	Male	Vet	55
14	09:14	Andrew	Alcorn	Bath Cycling Club	Male	Vet	55
15	09:15	Roxanne	Jones	Hereford Triathlon Club	Female	Vet	40
16	09:16	James	Pugh	360VRT	Male	Senior	36
17	09:17	Graham	Hamer	Stourbridge CC	Male	Vet	44
18	09:18	Mark	Warren	Team Echelon	Male	Vet	54
19	09:19	Renzo	Casale	University of Bath CC	Male	Espoir	21
20	09:20	Paul	Hewitt	Clevedon & District RC	Male	Vet	54
21	09:21	Emma	Wyatt	Hereford & Dist Whs CC	Female	Vet	46
22	09:22	Andy	Kelly	Bristol South CC	Male	Vet	58
23	09:23	Haydn	Davies	Giant CC Halo Films	Male	Vet	69
24	09:24	Alexander	Luisi	Bath Cycling Club	Male	Senior	26
25	09:25	Christopher	Newby	Clevedon & District RC	Male	Vet	52
26	09:26	Daniel	Kempe	Bristol South CC	Male	Vet	57
27	09:27	Paul	Winchcombe	Chippenham & Dist Whs	Male	Vet	63
28	09:28	Arran	Armstrong	FTP Race Team	Male	Vet	46
29	09:29	Matthew	Hill	Gloucester City CC	Male	Vet	45
30	09:30	George	Thorne	Worcester St. Johns CC	Male	Senior	32
31	09:31	Daniel	Wyatt	Hereford & Dist Whs CC	Male	Vet	46
32	09:32	Tim	Radley	Gloucester City CC	Male	Vet	49
33	09:33	Dan	Kingston	VTTA (South Wales)	Male	Vet	42
34	09:34	Jeremy	Addis	Velo Club St Raphael	Male	Vet	50
35	09:35	Dylan	Griffiths	University of Bath CC	Male	Espoir	20
36	09:36	Steven	Cottington	Bath Cycling Club	Male	Vet	61
37	09:37	Karl	Norris	360VRT	Male	Vet	52
38	09:38	Tony	Chapman	Frome & Dist Whs	Male	Vet	51
39	09:39	Tim	Wood	Team Echelon	Male	Vet	49



40	09:40	Oscar	Hutchings	Team Tor 2000 KALAS	Male	Senior	31
41	09:41	Jake	Sargent	Team Bottrill	Male	Senior	23